

## Discussion & Reflection Questions



**Date:** 4/18/2021

**Sermon:** "Hold Fast to God," Genesis 31-33

**Main Point:** In the midst of your overwhelming struggles, call out to God and hold fast to God, that you might be forever changed by God.

### Discussion/Reflection Questions:

Sunday:

Reflect on the fact that even as you face overwhelming struggles in your life, God is calling you to hold fast and persevere. This week, let this be your daily prayer: "God, you are all I need right now! Whatever I may face today, I will stand on your promises and hold fast to you."

Monday:

Read Genesis 31:17-23 and Genesis 32:3-8. Why would Jacob have been anxious and overwhelmed in both of these situations? What is a current or recent situation you have faced that has become an overwhelming struggle in your life?

Tuesday:

Read Genesis 32:9-12. What stands out to you about the way Jacob calls out to God in prayer? How can you incorporate that more deeply into your own prayer life?

Wednesday:

Read Genesis 32:22-26. What is the significance of this wrestling match? What motivated Jacob to hold fast and continue to struggle with unrelenting perseverance? What steps can you take to hold fast to God in whatever you are struggling with right now?

Thursday:

Read Genesis 32:27-32. What is the significance of Jacob's name change? How might God be using this close encounter to forever change Jacob? Reflect on a time when God deeply touched your life, transformed your character, and gave you a brand new name.

Friday:

Spend quality time with the Lord in prayer, honestly lifting up your struggles to him and giving him uninterrupted space to quietly minister to you. If he brings any Scripture passages to mind, turn to them and reflect deeply on what God is saying to you. Continue to do this day after day as you hold fast to God and stand firmly on his promises.